

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 2	Week Beginning: Week 13- 10/30-11/3
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
M o n d a y	Notes:	<p>Objective: Use key rehabilitation terminology. Identify sequential phases of rehabilitation. Analyze criteria for progression to subsequent phase.</p> <p>Lesson Overview: L7 Injury Eval for Knee part 2</p>	Academic Sports Med CTE Standards: 2.2 6.5
T u e s d a y	Notes:	<p>Objective: Use the handouts, notes and power points to answer all the questions on the study guide. Prepare for Unit 11 test on Wednesday</p> <p>Lesson Overview: Unit 11 Review and study Guide</p>	Academic Sports Med CTE Standards: 2.2 5.5 6.1 6.5
W e d n e s d a y	Notes:	<p>Objective: Review for test for 30 minuets. Take test on Unit 11 knee and thigh.</p> <p>Lesson Overview: Unit 11 test</p>	Academic Sports Med CTE Standards: 2.2 5.5 6.1 6.5
T h u r s d a y	Notes:	<p>Objective: Recognize relevant skeletal anatomy for the hip. Recognize relevant muscular anatomy for the hip.</p> <p>Lesson Overview: L 1 Hip Anatomy. L 2 Hip Muscles.</p>	Academic Sports Med CTE Standards: 2.2 6.5

F r i d a y	Notes:	Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments. Lesson Overview: L3 Strains of Hip.pptx	Academic Sports Med CTE Standards: 2.2 6.5
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